

# The Xpert factor

Top of the docs, by Olivia Falcon and Emma Smith

THE NAMES	CV	SPECIALITY	HOMEBASE	SECRET WEAPON	MOTTO	PRICE
 <p><b>MILES APTHORP</b></p>	A new name on the Botox block, but his background as a consultant anaesthetist means there's little this man doesn't know about needles.	All injectables, from Botox to a whole range of facial fillers.	Golborne Place (tel: 020 8969 8907; golborneplace.com), a chic wellness studio off Ladbroke Grove.	He imports the thinnest needles from Italy – his patients report less bruising and pain.	'An injection today will keep the scalpel at bay.'	Botox from £200 and fillers from £250.
 <p><b>PATRICK BOWLER</b></p>	Cosmetic doctor, TV personality and medical director of Court House Clinics. He is also author of <i>The Nervous Girl's Guide to Nip &amp; Tuck</i> .	One of the first doctors to offer Botox in the UK 12 years ago. Very experienced with all fillers.	Practices at the Wimpole Street and Essex branches of Court House Clinics (tel: 0845 555 5050; court-houseclinics.com).	He preps skin with treatments like DiamondTome microdermabrasion and Omnilux red light to stimulate the skin's circulation.	'Good skincare is the foundation for long-lasting beauty.'	Botox from £300 and fillers from £275.
 <p><b>NEIL BULSTRODE</b></p>	Head plastic surgeon in the department for reconstructive surgery at Great Ormond Street Hospital, but has a private cosmetic practice too.	Facelifts are his area of expertise, but he has an artist's touch in rhinoplasty, breast augmentation and body contouring, as well as Botox and fillers.	Great Ormond Street Hospital, the Lister Hospital, Chelsea, and Parkside Hospital, Wimbledon. Ring 020 3007 5064 or visit neilbulstrode.com.	Immaculate training in tissue handling from the best surgeons in the business – Douglas Harrison and Norman Waterhouse.	'Don't smoke and stay out of the sun.'	Botox from £200, fillers from £250 and facelifts from £5,850.
 <p><b>MAX CHOUDHURI</b></p>	Cosmetic doctor who started out as a family physician and has always had a particular interest in general surgery and dermatology.	Cosmetic procedures for men, eg: SmartLipo for the removal of man boobs, hair transplants and Macrolane in for muscle augmentation.	Body Perfect Clinic, Nottingham (tel: 0845 643 4465; bodyperfectclinic.com).	The FUE technique, which uses bespoke surgical tweezers and scalpels to remove the hair from another part of the body and implant it onto the scalp.	'Never compromise when it comes to your body – you have only one for life.'	Hair transplants from £5,000 and SmartLipo from £1,000.
 <p><b>KATE COLEMAN</b></p>	Oculo-plastic surgeon who also excels in endoscopic browlifting. Also an expert Botox (she has been administering it since 1996).	Removing eyebags using laser.	The Blackrock Clinic, Dublin, Ireland (tel: 00 353 1 28 83 516; blackrock-clinic.ie).	Fraxel Re:pair CO <sub>2</sub> Laser (Active FX), which she uses in two different ways: as a laser-like knife and on a different setting as a peel to resurface skin.	'Stop the clock with sunblock, Retin A and Botox.'	Botox from £370 and Fraxel Re:pair CO <sub>2</sub> Laser from £800.

